



KIM'S TIP: Eco-Friendly Memorial Day Activities

Memorial Day is a US Federal Holiday dedicated to remembering those who died in the armed forces while fighting for our country. It is also the start to many outdoor, warm weather activities.

Here are a few eco-friendly activity ideas to consider for your Memorial Day Weekend.

- **Visit a Park** – After being indoors all winter and most of spring, it's good to get out and breathe some fresh air. Visit a local park or venture out to a national park. You can go for a hike, ride your bike or have a nice picnic in the park.
- **Go to the Beach** – Enjoy the warm weather by visiting a beach. You can go for a walk along the beach, fly a kite, play volleyball or even go bike riding or roller blading. Most importantly, don't forget your sunscreen!
- **Volunteer** – Check with your local park, community center or Department of Veterans Affairs to see what volunteer opportunities are available.
- **Visit an Outdoor Festival** - Check your local newspaper to see what festivals or events are in your area to attend. Some common Memorial Day events include jazz and strawberry festivals.
- **Go to a Farmers Market** – Memorial Day is the start to some summer fruit and vegetable seasons. A farmers market is a great way to get the freshest pick at a reasonable price.
- **Have a Barbeque** – Memorial Day is the kick off to barbeque season. You can keep it eco-friendly by using all-natural charcoal, reusable utensils and try cooking more veggies than meat.

HAPPY MEMORIAL DAY!!!